

Red Seaweed: A Promising Solution for Sustainable Ruminant Production

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Red seaweed, scientifically classified as Rhodophyta, is a type of macroalgae that primarily inhabits the littoral zone of oceans (Kraft, 1981). It is characterized by its bright pink colour due to the presence of biloprotein pigments such as R-phycoerythrin and R-phyco-cyanin, and it plays a significant ecological role as a marine habitat. Red seaweeds are commercially harvested for various purposes, including human food, cosmetics, and livestock feed (Makkar et al., 2016).

Nutritional Value

Red seaweed boasts a rich nutritional profile, making it a valuable ingredient for both human and animal diets. It is particularly known for its high protein content, which can reach up to 50% of dry matter (Rocha et al., 2021). Additionally, red seaweed contains essential amino acids, minerals, and lipids rich in polyunsaturated Omega-3 (n-3) and Omega-6 (n-6) fatty acids (Van Ginneken et al., 2011). Commonly consumed red seaweeds include Pyropia, Porphyra, Chondrus, and Palmaria (Al-Amoudi et al., 2009).

Methane Mitigation Potential

Recent research has focused on the potential of certain species of red seaweed, specifically *Asparagopsis taxiformis* and *Asparagopsis armata*, to reduce methane emissions from ruminant livestock (Alvarez-Hess et al., 2023, 2024; Cowley et al., 2024). This potential is attributed to the presence of bromoform (CHBr₃), a compound that inhibits the activity of methanogenic archaea in the rumen, the primary site of methane production in ruminants (Roque et al., 2019; Kinley et al., 2020). Studies have shown that incorporating *Asparagopsis* spp. into cattle diets can lead to significant reductions in enteric methane emissions, a major contributor to greenhouse gases (Cowley et al., 2024). Studies have reported methane reductions ranging from 22% to 67% in lactating dairy cows (Gadzama, 2024—unpublished review). In a 59-day study, beef cattle showed a 99% reduction in methane when *A. taxiformis* (51 mg bromo-form/kg dry matter intake) was included in their diets (Cowley et al., 2024). This reduction is attributed to the seaweed's active compound, bromoform, which inhibits methanogenesis in the rumen (Roque et al., 2019; Kinley et al., 2020). Recently, Martins et al. (2024) conducted a comprehensive meta-analysis examining various methane mitigation strategies in dairy cows, revealing that dietary supplementation with feed additives including *Asparagopsis* spp., 3-NOP, nitrate, and lipids are highly effective in reducing daily CH₄ emissions, yield, and intensity. This discovery has sparked interest in using red seaweed as a sustainable feed additive to reduce the environmental impact of livestock production.

Challenges and Future Directions

While the potential of red seaweed as a methane-mitigating feed additive is promising, several challenges need to be addressed. One notable concern is the potential for trace element accumulation, particularly iodine, with increased seaweed inclusion in animal diets (Roque et al., 2019). Additionally, some studies have reported a decline in dry matter intake (DMI) in animals fed red seaweed, raising concerns about potential negative effects on overall animal productivity (Roque et al., 2019; Stefenoni et al., 2021; Eikanger et al., 2024). The economic viability and scalability of producing and incorporating red seaweed into livestock diets also warrant further investigation. Developing sustainable cultivation methods and cost-effective delivery systems are crucial for widespread adoption. Continued research is necessary to optimize seaweed inclusion levels, understand the long-term impacts on animal health and produc-

tivity, and address the practical challenges associated with implementation (Romero et al., 2023; Martins et al., 2024).

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